



Plates

Café and Catering

Serving Inspiration

Salads

Southwest Caesar: Romaine lettuce, cotija cheese, crispy tortilla strips, creamy cilantro lime dressing\$6.50
 Add *Achiote Chicken*\$3.50

House Salad: Baby Mixed Greens, Laura Chenel goat cheese, pickled red onions, toasted walnuts, raspberry vinaigrette\$5.75

Greek Spinach Salad: English cucumbers, garbanzo beans, cherry tomatoes, kalamata olives, pepperoncini peppers, feta cheese, balsamic vinaigrette\$6.75

“Your Choice” 6-Topping Salad: Choose your lettuce, up to 6 toppings & dressing while we make your salad\$6.00

Add *Grilled Lemon Rosemary Chicken* to any of the above salads..\$3.50

Grilled Skirt Steak Salad: Romaine lettuce, cherry tomatoes, radishes, avocado, red onions, chunky blue cheese dressing\$10.00

Add *Sea Salt Focaccia* to any of the above\$1.00

All dressings are house made. Your choice of: Balsamic Vinaigrette, Raspberry Vinaigrette, Italian Parmesan Vinaigrette, Blue Cheese, Ranch and Creamy Cilantro.

Sandwiches

Plates Croque-Monsieur: Smoked ham & swiss cheese with caramelized onions, vine-ripened tomatoes, and whole grain mustard mayonnaise on griddled sourdough bread\$7.00

Italian Sub: Tuscano salami, pepperoni, smoked ham, provolone cheese, lettuce, tomato, and spicy olive tapenade on Sea Salt Focaccia\$7.00

Sacramento Grilled Veggie: Summer squash, sweet peppers, vine-ripened tomatoes, arugula, and basil pesto on Sea Salt Focaccia\$7.00

Fresh Ground Chuck Burger: Served with lettuce, tomato, red onions, and pickle.....\$7.50
 Add *cheese, bacon or avocado*.....\$1.00 each
 Add *caramelized onions*\$0.50

Pulled Pork Carnitas: Served on a sweet roll with tomato, avocado-jalapeno salsa, pickled red onions, and chipotle aioli\$8.00
 Add *cheese*\$1.00

All sandwiches are served with your choice of French Fries, Sweet Potato Fries, Mediterranean Pasta Salad, or a Garden Salad

A program of St John’s Shelter for Women & Children
 Located in Depot Park • 14 Business Park Way, Building 149
 Sacramento, CA 95828
 P: 916.381.2233 (CAFÉ) • F: 916.381.2280 • M-F 11am-2pm
eatatplates.com

Soup

Soup of the Day\$5.00
 Add *Sea Salt Focaccia*.....\$1.00

Stove-Top

Summer Pasta: Orecchiette pasta, sweet corn, cherry tomatoes, fresh mozzarella, basil, toasted garlic, extra virgin olive oil, chili flakes.....\$7.00

Chicken Breast Paillard: Pan roasted chicken breast, summer squashes, cherry tomatoes, wild rice pilaf, tuscan salsa verde\$8.00

Side Orders

French Fries, Sweet Potato Fries, Mediterranean Pasta Salad, Garden Salad\$2.50 each

(We prepare our fries with peanut oil)

Desserts

Fresh Fruit Croustade: Selection varies daily\$3.00

Fresh Fruit Tarts with citrus cream cheese filling\$2.50

Homemade Pie: Selection varies daily.....\$2.50

Ala mode\$1.50

Homemade Cookies: Selection varies daily.....\$1.75 each

Whole pies and tarts available for purchase. Please place your order 24 hours in advance\$13.00

Beverages

Hot Tea\$1.75 (no refill, only hot water)

Iced Tea 12 oz\$1.55 (free refills)

Iced Tea 24 oz\$2.00 (free refills)

Coffee 12 oz\$1.75 (free refills)

Soda 12 oz\$1.55 (free refills)

Soda 24 oz\$2.00 (free refills)

Orange Juice 12 oz\$2.00

Orange Juice 24 oz\$3.25

Free Cookie!

Purchase a lunch entrée and beverage and receive one of our delicious homemade cookies for free.

This coupon is valid for one cookie per order.
 Valid through September 30, 2010. This coupon may not be reproduced.

Legally, St. John’s, and the women participating in our program, are prohibited from accepting tips; however, we welcome, and greatly appreciate, all donations to this Program. St. John’s is a 501(c)3 organization, and your donations are tax deductible. Please see the cashier.

100% of the proceeds from your meal contribute to the rehabilitation of homeless women with children.